

# GO DANCE LINCOLN – Spring Term 2.0

From 5<sup>th</sup> February 2024

Dance & Fitness Class Timetable – Spring Term 2024: Wednesday 3<sup>rd</sup> January – Thursday 28<sup>th</sup> March 2024

Day	Time	Studio 1	Studio 2
MONDAY	4.00pm – 4.50pm	Primary Street	Private Lessons/Studio Hire
	5.00pm – 5.50pm	Junior/Senior Street	
	6.00pm – 6.50pm	Junior Cheer Dance	
	7.00pm – 7.50pm	Adult Beginners Ballroom & Latin	
	8.00pm – 8.50pm	Absolute Beginners Ballroom & Latin	

Day	Time	Studio 1	Studio 2
TUESDAY	4.00pm - 4.50pm	<b>*NEW Grade 1 Ballet</b>	Private Lessons/Studio Hire
	5.00pm – 5.50pm	Grade 2 Tap	
	6.00pm – 6.50pm	Grade 2 Ballet	
	7.00pm – 7.50pm	Ballet Conditioning (Inv only)	
	8.00pm - 8.50pm	Adult Tap	

Day	Time	Studio 1	Studio 2
WEDNESDAY	10.00am - 10.40am	Mini Movers ( <i>Toddler class with parent</i> )	Private Lessons/Studio Hire
	11.00am – 11.50am	Over 50's Dance Exercise	
	4.00pm - 4.50pm	<b>* NEW Grade 1 Tap</b>	
	5.00pm – 5.50pm	Junior Freestyle	
	6.00pm – 6.50pm	Adult/Teen Ballet	
	7.00pm – 7.50pm	Adult Intermediate Ballroom & Latin	
	8.00pm – 8.50pm	Adult Beginners Ballroom course	

THURSDAY		Studio 1	Studio 2
	11.30am – 12.20pm	Pilates	Private Lessons/Studio Hire
	12.30pm - 1.20pm	Ballet Fit	
	3.00pm – 3.50pm	Adult Improvers Ballroom & Latin	
	4.00pm – 4.50pm	Children’s Beginners Ballroom and Latin Class (6yrs+)	One-to-one singing lessons with Gemma ( <i>book directly with Gemma</i> )
	5.00pm – 5.50pm	Musical Theatre (9yrs+)	
	6.00pm – 6.50pm	Children’s Improvers Ballroom and Latin Class (10yrs+)	
	7.00pm – 7.50pm	Adult/Teen Tap	
	8.00pm – 8.50pm	Adult Ballet	

FRIDAY		Studio 1	Studio 2
	10.00am - 10.40am	Mini Movers ( <i>Toddler class with parent</i> )	Private Lessons/Studio Hire
	11.00am - 11.50am	Latina Dance Workout	
	12.00pm - 12.50pm	Kettlercise	
	4.00pm – 4.50pm	Competitive Cheer Squad (16yrs+) – <i>invite only</i>	
	5.00pm – 5.50pm	Senior Modern Jazz (10yrs+)	
	6.00pm – 6.50pm	Senior Freestyle	
	7.00pm – 7.50pm	Competitive Cheer Squad (12yrs+) - <i>invite only</i>	
8.00pm - 8.50pm	Adult Improvers Ballroom & Latin		

SATURDAY		Studio 1	Studio 2
	9.00am – 9.50am	Preliminary 2 Ballet & Tap	Baby Ballet & Tap
	10.00am - 10.50am	Preliminary 3 Ballet & Tap	Primary Cheer (4yrs+)
	11.00am –11.50am	Primary Freestyle (4yrs+)	Preliminary 1 Ballet & Tap
	12.00pm –12.50pm	Grade 2 Ballet	Grade 3 Ballet
	1.00pm - 1.50pm	Grade 3 & 4 Tap	Private Lessons/Studio Hire
	2.00pm - 2.50pm	Grade 6 Ballet	
	3.00pm – 3.50pm	Intermediate Tap	
4.00pm - 4.50pm	Private Lessons/Studio Hire		